



Dr. Christine Bielinski is a Counselor, Coach, Speaker and Writer. Christine earned her Doctorate degree in Psychology from Grand Canyon University. She achieved her Master's degree in Counseling and Bachelor's degree in Communication, both from Arizona State University. Christine received her coach training through the world renowned Co-Active Training Institute (CTI), one of the most rigorous international coach training organizations that help set the standard for coach training worldwide.

What Christine loves most about her 25 years of work in her field is that she gets to be a catalyst for healing, hope, and positive change. Christine has been featured as a guest on television and radio and has spoken to large and small audiences. Her messages are inspiring, confidence-building, motivating and all backed by sound research. One of her greatest desires is for human beings to realize their inherent and immeasurable value. Her longing is that each person can move freely from an oftentimes disheartening existence to a life filled with joy, freedom and purpose.

You can often find Christine compassionately listening to her clients at her Scottsdale, Arizona counseling office, coaching athletes and executives online throughout the United States, speaking to groups nationwide, and writing in her books and blog, relatable words of promise for a better future.

